



Sylvia Ford M.A.

*Early Childhood
Consultant*

education, advice and support for parents
and teachers of young children

Workshop Titles and Fees

Each workshop is 90 minutes long, including time for Q&A

*Workshop (in-person) fees range from \$375.(non-profits) - \$475.(corp.)
Webinar (virtual) fee is \$250.*

Young Minds Require Creative Discipline

This workshop highlights the aspects of early brain development that help us understand why young children can't always do the right thing or control their behavior. Discussion will include information that can help adults be more creative and effective with limit setting, along with strategies and techniques that can promote positive self-guided behavior in children from approximately two to five years old.

Smooth Transitions into Preschool

Learn about ways to create a feeling of security for both children and parents as they enter into the preschool experience for the first time. Important aspects of separation anxiety will be explored along with strategies to help make the transition a positive one.

Multilingual Living and Children

Early childhood is an excellent time to promote second language acquisition. Learn about the windows of opportunity for learning more than one language and explore ways to help children retain and build on the languages they are learning. Discussion will include information on the key aspects to multilingual success and what to expect in terms of children's development.

Temperament and High Sensitivity

Sensitivity is a valuable temperament characteristic that needs to be better understood. This workshop offers insights into the behaviors of children who have sensory systems that "work so well" that they become easily overwhelmed, physically and or emotionally. Discussion will include information on the different types of sensitivities and strategies that work best in different situations.

Screen Time: Creating Limits for Safe Use

Explore the pros and cons of young children's use of technology such as TV, video games, and computers. Discussion will include information about development in the early years in relationship to "screen time". Strategies for setting limits around frequency and duration of use will also be shared.

Understanding Toddlers and Twos

Learning about the growth and development of toddlers and twos helps us understand their behaviors. Our discussion will include strategies to nurture your child's progress and savor this sweet young stage of your child's life.

Potty Training: Realities and Simple Solutions

This workshop brings a logical approach to the task of helping children with this step of Independence. Straightforward information about children's development in relationship to learning self-help skills is shared. Myths about potty training are identified as things that hold adults back from guiding the child in a proactive way. Discussion will also include a realistic sequence of steps that the adult can take the child through. Each step is developmentally appropriate, therefore entirely respectful to the child yet empowering for the adult, who needs to help, but isn't sure how and when to get started.... or start over.

Choosing a Preschool for Your Child

This workshop helps parents compare and contrast between different types of programs and philosophies of early childhood education. Learn about developmentally appropriate practice and the research that backs up its importance in preschool education. Information on children's readiness and the logistics of visiting and interviewing preschools will also be shared.

Kindergarten Readiness and Self-regulation

Learn what is expected developmentally and academically from children as they enter kindergarten. Discussion will include information on how to boost your child's self-regulation skills through everyday activities. We will conclude with tips on how to use the summer to get ready.

Multiple Intelligences

Recognize the many intelligences that we all possess!

Explore the implications for teaching, learning, and building self-esteem in children through Howard Gardner's theory of Multiple Intelligences.

Math Foundations and Counting Collections

Young children like to count but it's a skill that needs to be modeled and taught.

You can boost your child's foundations in math by making counting fun and meaningful.

Learn about math concepts and how to prepare your child for kindergarten by using counting collections.

Play is FUNdamental to Learning in Early Childhood

Hands-on, tangible play is the natural facilitator of a child's over-all development. A solid foundation of play in early childhood is the cornerstone to later success in academics. Discussion will include information about different types of play at different ages. The pleasure play gives a child helps develop the child's desire for learning.